Parent Training Series 2024-2025 Every other Tuesday from 6:30-8:00pm via Webex.



Webex link will be sent to all registrants in advance of each session.

	• 10/8	Introduction to Balanced Parenting & Dialectics
October	• 10/22	Mindfulness for Parents
October		
	• 11/5	Emotional Competence: Emotion Regulation, Cope Ahead
November	• 11/19	Crisis Communication: Validation & Active Listening
	• 12/10	Stress Model of Crisis
December	, -	
	- 4 /7	Chille for Brooking the Conflict Cools
	• 1/7 • 1/21	Skills for Breaking the Conflict Cycle Crisis Co. Bogulation & Life Space Interview
January	• 1/21	Crisis Co-Regulation & Life Space Interview
	• 2/4	Distress Tolerance & Emotional First Aid
Falamiami	• 2/25	
February	,	
	• 3/11	A-VCR & Contextual Factors
March	-	Prompting & Shaping Behavior
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	• 4/8	Reinforcement
April	• 4/29	Punishment

May

• 5/13 Restorative Justice